



FFLAG De Cymru

FFLAG S Wales



Ydych chi'n rhiant neu yn gofalu am berson ifanc LHDT+?

Are you the parent or carer of an LGBT+ young person?

Mamau a thadau ein hunain, ni'n cwrdd pob mis o gwmpas
Caerdydd er mwyn rhannu profiadau a chefnogaeth mewn
cyfrinachedd.

We are mostly mums and dads ourselves who meet each month in
or near Cardiff to share experience and support each other
confidentially.

Am fwy o wybodaeth ffoniwch Hilary ar 07401 702975

Neu anfonwch ebost at: fflagsouthwales@gmail.com

For more information call Hilary on 07401 702975

Or email us at: fflagsouthwales@gmail.com



[fflagsouthwales](https://www.instagram.com/fflagsouthwales)